

Important Promises

Have you promised to buy your child a toy, promised your boss you would meet a deadline, or promised a friend you would repay borrowed money? Promises appear in every facet of life, and when you keep your promises, it not only makes you a trustworthy and principled friend, but also gives others faith in you. A promise given can also show your respect for others and be a motivation for you to strive to succeed.

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But what if you don't keep your promises?

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Whether by accident or mistake, breaking a promise will cause sadness and anger and even deprive others of hope. One should avoid making promises solely to make others happy now, because both you and they will regret it later. There are people who treat promises with lip-service and break them casually - those are the actions of a person who is dishonest, insecure, and even a con man.

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So, before making a promise, we must think critically about both our ability to do it and our commitment to doing it. Once the promise is made, we should keep it, no matter how inconvenient, unless it is genuinely impossible.

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What benefits come from keeping your promises?

What harm comes from not keeping your promises?

Would you trust someone who you knew has not kept their promises?